

Exhibit B

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 71

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** ASSESSMENT CONTINUATION FROM PREVIOUS PAGE *****

a mental health score of 2.

20150317 145049

PLAN

P= Follow-up will be conducted as mental health services
are requested per the MSR

20150317 145049

20150317 145049

TECH./MH CAK000EMMH CATHERINE A KLEIN

MSR DATE TIME COMPLAINT *****
03/18/2015 10:38 A MH - REFERRAL TO PSYCHIATRIST

TECH/MH ENCOUNTER APPOINTMENT DATE 03/18/2015 TIME 12:00 P SHOW UP Y PCC

SUBJECTIVE

S= Refer to non-contact note this date.

20150326 103953

OBJECTIVE

O= Refer to non-contact note this date.

20150326 103953

ASSESSMENT

A= Refer to non-contact note this date.

20150326 103953

PLAN

P= Refer to non-contact note this date.

20150326 103954

TECH./MH CAK000EMMH CATHERINE A KLEIN

MSR DATE TIME COMPLAINT *****
03/18/2015 01:05 P MH - NON-CONTACT NOTE

TECH/MH ENCOUNTER APPOINTMENT DATE 03/18/2015 TIME 11:30 A SHOW UP Y PCC

SUBJECTIVE

S= This writer presented Offender's request to be seen by
Psychiatry for assessment of possible diagnosis to the
Treatment Team on this date at approximately 11:30 AM. The
Treatment Team agreed to refer Offender to Psychiatrist for
assessment.

20150320 123801

20150320 123801

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20150320 123801

OBJECTIVE

O= Documentation.

20150320 123801

ASSESSMENT

A= None per non-contact.

20150320 123801

PLAN

P= Offender to be scheduled and seen by Psychiatrist per
Offender's request.

20150320 123801

20150320 123801

TECH./MH CAK000EMMH CATHERINE A KLEIN

MSR DATE TIME COMPLAINT *****
03/18/2015 03:23 P PSYCHIATRIST - INITIAL EVALUATION

DOCTOR ENCOUNTER APPOINTMENT DATE 03/23/2015 TIME 12:45 P SHOW UP Y PCC

SUBJECTIVE

S: Mr. Hicklin is a 36yo CM who does not yet carry a mental
health diagnosis within the DOC system. He is seen today for
evaluation. Mr. Hicklin states that he identifies as female,

20150324 151027

20150324 151028

20150324 151028

EM 0111

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 73

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** SUBJECTIVE CONTINUATION FROM PREVIOUS PAGE *****

understands, as well as appreciates, the significance of his 20150324 151028
 past and current feelings concerning his gender and his 20150324 151028
 gender role, as well as the physical and psychological 20150324 151028
 issues of the future. 20150324 151028

OBJECTIVE

O:
 General: Good hygiene and grooming. Hair worn in the 20150324 151028
 traditionally female style. Cooperative, friendly. 20150324 151028
 Speech: Nl r/v/t 20150324 151028
 Mood: "I'm doing well" 20150324 151028
 Affect: Euthymic, congruent with mood. 20150324 151028
 TP: GD, logical, appropriate. 20150324 151028
 TC: Denies SI/HI. No apparent delusions. 20150324 151028
 Perception: Denies VAH 20150324 151028
 Judgment/Insight: Good. 20150324 151028

ASSESSMENT

A: Mr. (Ms.) Hicklin is a 36yo biologically (phenotypically) 20150324 151028
 male Caucasian who carries a psychiatric diagnosis of Gender 20150324 151028
 Dysphoria. 20150324 151028

PLAN

P:
 1. At this time, will make a referral for pt to be seen by
 endocrinology for evaluation of cross-sex hormone txt.
 Currently, hormone therapy (estrogen, testosterone blockers)
 is the accepted treatment for individuals with Gender
 Dysphoria diagnoses.
 2. Pt was encouraged to cont processing psychological issues
 related to his diagnosis with his counselor. He reports
 comfort reaching out to the MH team if feeling unsafe in his
 current environment.
 3. Will f/u in 4-12 weeks, or sooner if needed, to assess
 progress.
 Addendum: Please note, that after researching DOC
 protocols, it was found that endocrinology consult is NOT
 the appropriate next step for psychiatry in the txt of
 Gender Dysphoria. Endocrinology consult was not requested.

DOCTOR MLT000EMMH MEREDITH L THROOP

MSR DATE TIME COMPLAINT *****
 05/27/2015 02:50 P MH - NON-CONTACT NOTE

TECH/MH ENCOUNTER APPOINTMENT DATE 05/27/2015 TIME 11:30 A SHOW UP Y PCC
 SUBJECTIVE

S= Per request of Offender, Offender was discussed with the 20150527 145347
 Treatment Team on this date for admission into the Chronic 20150527 145347
 Care Clinic for mental health symptoms related to diagnosis 20150527 145347
 of gender dysphoria (PTSD and anxiety). The Treatment Team 20150527 145347
 agreed to this at approximately 11:45 AM on this date. 20150527 145347

OBJECTIVE

EM 0114

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 74

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** OBJECTIVE CONTINUATION FROM PREVIOUS PAGE *****

O= Documentation.

20150527 145347

ASSESSMENT

A= None per non-contact with Offender.

20150527 145347

PLAN

P= Offender to be seen by Psychiatrist and QMHP regularly
for PTSD and anxiety symptoms.

20150527 145347

20150527 145347

TECH./MH CAK000EMMH CATHERINE A KLEIN

MSR DATE TIME COMPLAINT *****
06/02/2015 08:47 A PSYCHIATRIST - CHRONIC CARE/FOLLOW-UPDOCTOR ENCOUNTER APPOINTMENT DATE 06/16/2015 TIME 01:15 P SHOW UP Y PCC
SUBJECTIVE

Mr. Hicklin is a 36yo (assigned male, identifies as female) 20150617 055339
 who carries a psychiatric diagnosis of gender dysphoria. 20150617 055339
 This pt will be referred to with the pronouns he/his, as per 20150617 055339
 DOC protocol. He states that he has filed an IRR in response 20150617 055339
 the the DOC's decision to not offer cross-sex hormone txt. 20150617 055339
 He states that if this is rejected, he will pursue legal 20150617 055339
 action, and has a team of lawyers whose main interest in 20150617 055339
 trans-sexual rights. Feels very excited about the fact that 20150617 055339
 he has initiated legal change of name, and believes this 20150617 055339
 will be finalized in early July. Feels overall that staff 20150617 055339
 have been supportive and understanding of his situation. Has 20150617 055339
 been working hard with his counselor on issues of anxiety 20150617 055339
 that have arisen during this process, and feels he is making 20150617 055339
 good progress. Denies feelings of depression that he is 20150617 055339
 unable to manage, 'work through', no SI/HI. Continues to be 20150617 055339
 invested in his IT job. Sleep and app reported nl. Denies 20150617 055339
 AVH at any time. Denies inappropriate targeting or 20150617 055339
 mistreatment from others. Denies feeling unsafe in his 20150617 055339
 environment. 20150617 055339

OBJECTIVE

O: (MH02) MENTAL HEALTH: FOLLOW UP FOR PSYCHIATRIC CLINIC VI 20150617 055339
 SYMPTOM CHECKLIST: 20150617 055339
 Y Y/N APPETITE ADEQUATE: 20150617 055339
 Y Y/N SLEEP ADEQUATE: 20150617 055339
 Y Y/N ENERGY LEVEL APPROPRIATE FOR CLIENT: 20150617 055339
 Y Y/N MOOD APPROPRIATE AND STABLE: 20150617 055339
 Y Y/N ANXIETY PRESENT: CONTROLLED : _ Y/N _Y_ 20150617 055339
 Y Y/N ABLE TO FEEL PLEASURE: 20150617 055339
 Y Y/N COGNITIVE ABILITY INTACT: 20150617 055339
 Y Y/N ABLE TO CONTROL/DIRECT THOUGHTS: 20150617 055339
 Y Y/N REALITY TESTING INTACT: 20150617 055339
 n Y/N HALUCINATIONS ELICITED: 20150617 055339
 n Y/N DELUSIONAL STATEMENTS NOTED: 20150617 055339
 INSIGHT/JUDGEMENT: good 20150617 055339
 n Y/N SUICIDAL/HOMICIDAL/VIOLENT IDEATIONS PRESENT: 20150617 055339
 ***IF PRESENT, ABLE TO CONTROL IDEATIONS: 20150617 055339

EM 0117

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 75

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** OBJECTIVE CONTINUATION FROM PREVIOUS PAGE *****

Y/N STATES SATISFACTION/COMFORT WITH CURRENT

MEDICATIONS: n/a

S/E NOTED/STATED: n/a

Y/N STATES COMPLIANCE WITH MEDICATIONS: n/a

CURRENT APPLICABLE LAB VALUES:

Y/N CURRENT MEDICATIONS THERAPEUTIC: n/a

Y/N MEDICATION CHANGES INDICATED:

20150617 055339

20150617 055339

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20150617 055339

ASSESSMENT

Mr. Hicklin is a 36yo (assigned male, identifies as female) who carries a psychiatric diagnosis of gender dysphoria.

20150617 055339

20150617 055339

PLAN

P:

1. As pt feels he continues to remain stable without psychiatric medications; will cont to monitor. Pt states he feels comfortable reaching out to MH staff if symptoms of anxiety worsen, or if feeling unsafe.
2. Cont to work with counselor on processing stressors, utilizing healthy coping skills to manage anxiety, stress.
3. Will f/u in 8-12 weeks, or sooner if needed, to assess progress.

DOCTOR MLT000EMMH MEREDITH L THROOP

MSR DATE TIME COMPLAINT *****
06/03/2015 02:55 P QMHP - CHRONIC CARE ENCOUNTER

TECH/MH ENCOUNTER APPOINTMENT DATE 06/04/2015 TIME 02:00 P SHOW UP Y PCC
SUBJECTIVE

S= Offender seen on this date from approximately 2-2:45 PM for a Chronic Care Encounter and to begin identifying ITP goals. Offender does not take medications at this time and denied S/H/I's and A/V hallucinations. Offender identified the following goals he would like to work towards: Decrease anxiety by learning additional coping skills and to identify new triggers that contribute to increased anxiety. This writer will type up goals and present to Offender at next encounter for signature. Offender reported his sleep the past four days has been very limited, stating he has only slept approximately three hours each night. However, he reported that he slept approximately 7 hours "last night". Offender described his appetite as "good" and he occupies his time by working in the computer lab, reading and talking with family who he considers a good support system, specifically his sister. Offender's level of care will be raised to a 3 as this writer completed a Classification Analysis - Mental Health Needs form on this date and submitted it to the ICMHS.

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OBJECTIVE

O= Mental Status Examination.
Mood and affect: Normal/ appropriate.

20150605 140427

20150605 140427

EM 0118

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 79

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** SUBJECTIVE CONTINUATION FROM PREVIOUS PAGE *****

increase in anxiety related to recent legal motions. 20150811 091430
 Offender and this writer discussed appropriate coping 20150811 091430
 skills and they were practiced. Offender denied S/H/I's and 20150811 091430
 A/V hallucinations. He reported poor sleep, averaging about 20150811 091430
 3 hours per night. Offender occupies his time by being a 20150811 091430
 dog handler, working on legal work and working in the 20150811 091430
 library. 20150811 091430

OBJECTIVE

O= Mental Status Examination. 20150811 091430
 Mood and affect: Normal/ appropriate. 20150811 091430
 Eye Contact: Good 20150811 091430
 Orientation: Oriented to person and place. 20150811 091430
 Speech: Normal rate and tone. 20150811 091430
 Thought Processes: Clear and Logical. 20150811 091430
 Attitude/ Demeanor: Cooperative. 20150811 091430
 Insight/ Judgment: Fair. 20150811 091430
 Appearance/ Hygiene: Clean and neat. 20150811 091430
 Level of Alertness: Alert. Perception: Fair. 20150811 091430

ASSESSMENT

Mr. Hicklin is a 36yo (assigned male, identifies as female) 20150811 091430
 who carries a psychiatric diagnosis of gender dysphoria per 20150811 091430
 Dr. Throop on 06/16/2015. 20150811 091430

PLAN

P= Plan for offender will be to continue assessment, and 20150811 091430
 monitoring of offender's progress towards ITP goals and 20150811 091430
 monitoring of prevalent mental health concerns via Chronic 20150811 091430
 Care visits. Follow-up will be conducted as additional 20150811 091430
 mental health services are requested per the MSR. 20150811 091430

TECH./MH CAK000EMMH CATHERINE A KLEIN

MSR DATE TIME COMPLAINT *****
 08/24/2015 12:43 P PSYCHIATRIST - CHRONIC CARE/FOLLOW-UP

DOCTOR ENCOUNTER APPOINTMENT DATE 08/26/2015 TIME 02:30 P SHOW UP Y PCC
 SUBJECTIVE

Mr. (Ms.) Hicklin is a 36yo (assigned male, identifies as 20151020 120047
 female) who carries a psychiatric diagnosis of gender 20151020 120048
 dysphoria. Will use the male pronouns in this note, as per 20151020 120048
 current DOC protocol (not per societal norm). Pt comes for 20151020 120048
 f/u appt. He discusses the ongoing difficulties he's been 20151020 120048
 having concerning daily functioning. He states that he has 20151020 120048
 now changed his name legally to 'Jessica', which feels like 20151020 120048
 a step in a positive direction. However, continues to 20151020 120048
 experience much discomfort and anxiety surrounding his 20151020 120048
 assigned gender, and current gender role expectations. He 20151020 120048
 states that he experiences a great amount of anxiety and 20151020 120048
 discomfort concerning body hair, especially when it comes to 20151020 120048
 male pattern baldness that could be halted by hormone txt. 20151020 120048
 Also feels extremely discontent and uneasy with his deep 20151020 120048

EM 0125

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 80

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** SUBJECTIVE CONTINUATION FROM PREVIOUS PAGE *****

voice. Sleep has been very poor 2/2 anxiety, feels he is getting roughly 4 hrs nightly. Also has endured an 8 lb weight loss over the past several months. He has been experiencing irritability and decreased functioning at work (states that his boss continues to ask him 'what's wrong'). He states that 'I know I'm supposed to be this woman, but I just can't get there'. Feels extremely awkward and uneasy due to the fact that he is unable to wear gender-affirming undergarments and use traditionally female hygiene products. Despite this, pt feels he is able to continue utilizing his coping skills to manage stress, anxiety, discontent he has been experiencing 2/2 feeling intensely uncomfortable with his biological (assigned) gender. Medications (anxiolytics, sleep aids) were discussed, however pt declines at this time. Denies SI/HI. Continues to look positively toward the future. Denies feeling unsafe or 'targeted' by others, however has been isolating more due to continued distress over his experienced gender incongruity. Allowed pt to process these feelings.

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20151020 120049

OBJECTIVE

O: (MH02) MENTAL HEALTH; FOLLOW UP FOR PSYCHIATRIC CLINIC VI
SYMPTOM CHECKLIST:
y Y/N APPETITE ADEQUATE: _____
y Y/N SLEEP ADEQUATE: _____
y Y/N ENERGY LEVEL APPROPRIATE FOR CLIENT: _____
y Y/N MOOD APPROPRIATE AND STABLE: _____
y Y/N ANXIETY PRESENT: CONTROLLED : _ Y/N _____
y Y/N ABLE TO FEEL PLEASURE: _____
y Y/N COGNITIVE ABILITY INTACT: _____
y Y/N ABLE TO CONTROL/DIRECT THOUGHTS: _____
y Y/N REALITY TESTING INTACT: _____
n Y/N HALUCINATIONS ELICITED: _____
n Y/N DELUSIONAL STATEMENTS NOTED: _____
INSIGHT/JUDGEMENT: good
n Y/N SUICIDAL/HOMICIDAL/VIOLENT IDEATIONS PRESENT: _____
***IF PRESENT, ABLE TO CONTROL IDEATIONS: _____
Y/N STATES SATISFACTION/COMFORT WITH CURRENT
MEDICATIONS: n/a
S/E NOTED/STATED: n/a
Y/N STATES COMPLIANCE WITH MEDICATIONS: n/a
CURRENT APPLICABLE LAB VALUES: _____
Y/N CURRENT MEDICATIONS THERAPEUTIC: n/a
n Y/N MEDICATION CHANGES INDICATED: _____

20151020 120049
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20151020 120049

ASSESSMENT

Mr. (Ms.) Hicklin is a 36yo (assigned male, identifies as female) who carries a psychiatric diagnosis of gender dysphoria. Will use the male pronouns in this note, as per current DOC protocol (not per societal norm).

20151020 120049
20151020 120050
20151020 120050
20151020 120050

PLAN

P:

EM 0126

AFS923C

COMPLETE MENTAL HEALTH HISTORY

PAGE: 81

DOC ID OFFENDER

00527993 JAMES W HICKLIN

***** PLAN CONTINUATION FROM PREVIOUS PAGE *****

1. At this time, pt declines psychiatric medications (anxiolytics, sleep aids), as he feels he has been able to utilize his healthy coping skills to manage stress and anxiety.
2. Cont to process feelings of discomfort/distress over his experienced gender incongruity with counselor.
- 3.
4. It is the opinion of this provider that neglecting to treat this pt with the currently accepted standards of care for gender dysphoria as per the APA and WPATH SOC is detrimental to his mental/emotional/psychiatric well-being. Pt is deemed to have the full capacity to give informed consent.
5. Will f/u in 4-12 weeks, or sooner if needed, to assess progress. Will cont to monitor closely for safety concerns.

DOCTOR MLT000EMMH MEREDITH L THROOP

MSR DATE TIME COMPLAINT *****
 09/03/2015 01:54 P QMHP - CHRONIC CARE ENCOUNTER

TECH/MH ENCOUNTER APPOINTMENT DATE 09/03/2015 TIME 02:30 P SHOW UP Y PCC
 SUBJECTIVE

S= Met with Offender on this date from approximately 2:30 - 2:45 PM for a Chronic Care Encounter and to complete Initial ITP with recommendation mentioned previously by Offender in past CC notes. Offender identifies as a female but will be referred to with the pronouns he/his, as per DOC protocol. Offender does not take medications at this time as he feels he is able to cope with high anxiety and per his fear of being dependent on medications with a history of drug abuse/ use. Offender discussed current anxiety level at a "three or four" using a ten point scale with ten being the most anxious he has ever felt. Offender reported he is becoming "more comfortable" with "who he is" as he sits and continues to learn more about himself. Offender denied S/H/I's and A/V hallucinations. Offender reported he continues to struggle with sleep but that it is "better" as he is sleeping approximately 4 to 5 hours each night. Offender reported he continues to feel safe in current environment. Offender and this writer completed Initial ITP and signed it on this date. Offender discussed recent legal change in name and that this is seen as "progress". Offender's current level of care is continued.

OBJECTIVE

O= Mental Status Examination. 20150908 141107
 Mood and affect: Normal/ appropriate. 20150908 141107
 Eye Contact: Good 20150908 141107
 Orientation: Oriented to person and place. 20150908 141107

EM 0129

Department of Corrections
Medical & Accountability Records System
Doctor Encounter Soap Notes

Page: 1
Date: 10/29/2015

DOC ID: 527993 JAMES HICKLIN
SICK CALL COMPLAINT
PSYCHIATRIST - CHRONIC CARE/FOLLOW-UP
Nurse Id: MLT000EMMH MEREDITH L THROOP

TIME: A/P
2:30 P
~~MM/DD/CCYY~~
10/23/2015

Subjective

Mr. Hicklin (Ms) is a 36yo, (assigned male, identifies as female) who carries a psychiatric diagnosis of gender dysphoria. Will use the male pronouns in this note, as per current DOC protocol (not per societal norm). Patient states that his mood has been "well." Anxiety is ongoing, as he awaits a response from a recent grievance he filed pertaining to treatment of gender dysphoria. Sleep has been poor, appetite very low. Associated with some weight loss. Despite this, he states that he feels he is "managing" without medications. Continues to utilize his healthy coping skills to manage his stress and anxiety. Much of the focus of interview was on continued distress pertaining to male attributes (body hair, lack of gender affirming canteen items, male attire). This is baseline. Reports occasional feelings of helplessness. Denies SI/HI. Continues at his job working for the TV station in computer programming, and has been successful with this. Feels he is being treated with respect from others, has no current safety concerns. Denies AVH or other symptoms of psychosis. No noted paranoia. Anxiety and perseveration on current issues is persistent, however, denies racing thoughts or other symptoms consistent with a manic episode.

[illegible]

Objective

O: (MH02) MENTAL HEALTH: FOLLOW UP FOR PSYCHIATRIC CLINIC VI
SYMPTOM CHECKLIST:

II Y/N APPETITE ADEQUATE:

Y/N SLEEP ADEQUATE:

Y/N ENERGY LEVEL APPROPRIATE FOR CLIENT:

Y/N MOOD APPROPRIATE AND STABLE.

Y Y/N ANXIETY PRESENT: CONTROLLED : : Y/N

Y Y/N ABLE TO FEEL PLEASURE:

Y Y/N COGNITIVE ABILITY INTACT:

Y Y/N ABLE TO CONTROL/DIRECT THOUGHTS:

Y Y/N REALITY TESTING INTACT:

N Y/N HALUCINATIONS ELICITED:

11 Y/N DELUSIONAL STATEMENTS NOTED:

INSIGHT/JUDGEMENT: good

Y/N SUICIDAL/HOMICIDAL/VIOLENT IDEATION

***IF PRESENT, ABLE TO CONTROL IDEATIONS:

Y/N STATES SA
EXHIBITION

MEDICATIONS: n/a
n/a NOTED / STATED - / -

S/E NOTED/STATED:n/a

U.S. STATES COMPLIANCE WITH M
CURRENT APPLICABLE LAWS

CURRENT APPLICABLE LAB VALUES:

Y/N MEDICATION CHANGES INDICATED

[illegible]

Assessment

Mr. Hicklin (Ms) is a 36yo, (assigned male, identifies as female) who carries a psychiatric diagnosis of gender dysphoria.

2015/10/28	204221
2015/10/28	204222
2015/10/28	204223

Plan

P:

1. At this time, patient declined psychiatric medications (anxiolytics, sleep aids), as he feels he has been able to utilize healthy coping skills to manage stress and anxiety.
2. Poor sleep and low appetite are persistent, discussed the option of Remeron with patient. Will approach this again in the future.
3. Encouraged patient to continue to process feelings of

[illegible]**EM 0133**

AFR06QT
9:41:10Department of Corrections
Medical Accountability Records System
Doctor Encounter Soap NotesPage: 2
Date: 10/29/2015DOC ID: 527993 JAMES HICKLIN
SICK CALL COMPLAINT
PSYCHIATRIST - CHRONIC CARE/FOLLOW-UP
Nurse Id: MLT000EMMH MEREDITH L THROOPTIME: A/P
2:30 P
MM/DD/CCYY
10/23/2015Plan

discomfort/distress over his experienced gender incongruity with his counselor.
4. It is the opinion of this provider that neglecting to treat patient with the currently accepted standards of care for gender dysphoria, as per APA and WPATH SOC is detrimental currently to his mental/emotional/psychiatric well being.
5. The patient is deemed to have full capacity to give informed consent.
6. Will f/u in 4-12 weeks, or sooner if needed, to assess progress. Will continue to monitor closely for symptom changes or safety concerns.

2015/10/28 204222
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EM 0134